**Our Mission**

A consumer-directed, cross-disability advocacy and service organization, dedicated to enhancing the quality of life for individuals with disabilities.

**Our Vision**

A barrier-free society with opportunities for all people to achieve their maximum potential.

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**Promoting Choice, Self Determination and Total Participation**

Our services promote self-help, equal access, peer role modeling, personal growth and empowerment, and include:

- Peer counseling
- Information and assistance in obtaining or coordinating delivery of services from other sources
- Assistance regarding housing, home care, transportation, assistive technology, employment, early childhood direction, and other services
- Individual and systems advocacy
- Independent living skills, counseling and training

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**3 LOCATIONS**

**Newburgh**

5 Washington Terrace, Newburgh, NY 12550  
Phone: 845-565-1162  Fax: 845-565-0567  
Videophone: 845-764-8384

**Monticello**

14 Pelton Street, East Wing, Monticello, NY 12701  
Phone: 845-794-3322  Fax: 845-794-3323

**Middletown**

30 Industrial Drive, Middletown, NY 10940  
Phone: 845-342-1162  Fax: 845-342-1192

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myindependentliving.org  myindependentliving.org  myindependentliving.org
Monticello, NY
Our Center offers an array of services that assist individuals with disabilities to live integrated and self-directed lives. Our philosophy is that the individual being served by a process should be the primary stakeholder in that process. Independent living means controlling and directing your own life and being self-sufficient as possible. It means taking risks and being allowed to succeed and fail on your own terms. It means participating in community life and pursuing activities of your own choosing. Our Independent Living Skills Specialists are here to help you learn what choices are available and to advocate for the removal of barriers to full participation in the local community and beyond.

Who Do We Serve?

- People with all disabilities: physical, psychiatric, cognitive or sensory
- People with disabilities of all ages
- Parents, spouses, siblings, and significant others of people with disabilities
- People with disabilities living in their own homes, supported living arrangements, institutional settings, and elsewhere
- School personnel

- Business and industry
- Local government agencies
- Human Service organizations
- Volunteer sector organizations
- Hospitals, health organizations, and the medical community
- Civic organizations

INDEPENDENT LIVING INC
YOUR CHOICE • YOUR LIFE