Who We Serve:
★ Anyone 18 and older affected by substance use

Purpose and Goals:
★ Provide intensive peer support
★ Assist in providing alternatives to hospitalization or incarceration
★ Assistance accessing treatment; inpatient/outpatient and medication assistant treatment
★ Promote gainful employment
★ Encourage people to take charge of their recovery
★ Provide group activities and outreach
★ Maximize existing resources
★ Infuse & promote social inclusion
★ Provide volunteer opportunities

Recovery Community & Outreach Centers

Contact:
Mobile: 914-359-9648 (call or text)
Office: 845-565-1162 ext. 453
Fax: 845-565-0567
Westchester & Putnam: 914-359-9648

Hours:
M/W/F 9am - 5pm
T/Th 9am - 7pm
Sat 9am - 5pm

For more information contact Onward Recovery Intake Coordinator at either of the phone numbers listed above, email onwardreception@myindependentliving.org or send us a private message on Facebook

Hudson Valley Recovery Community & Outreach Center

Counties Served
Dutchess, Orange, Putnam, Rockland, Sullivan, Ulster and Westchester

A program of
INDEPENDENT LIVING INC
YOUR CHOICE - YOUR LIFE

Funded by
Office of Addiction Services and Supports
What is Onward?

- A Recovery Community and Outreach Center that is safe, welcoming and alcohol/drug-free for any member of the community
- We serve 7 Counties: Dutchess, Orange, Rockland, Sullivan, Putnam, Westchester and Ulster
- We meet you where you’re at—physically and emotionally
- Recovery coaches & volunteers provide the same lived experiences of trauma, substance use, and recovery
- We provide mentorship and take an active approach to recovery
- Free Narcan training and kits
- Various weekly group activities provided
- All services are offered at no cost to you regardless of income

How We Help...

Intensive Peer Support
- Using our own stories to assist you in moving forward in your recovery
- One to one guidance, support, and encouragement

Recovery Support
- Life skills coaching
- Wellness mentoring
- Turning crisis into opportunities

Vocational Support
- Accessing work incentives
- Benefits and entitlements counseling
- Identifying employment options

Sober Social Activities
- Cultural and recreational events
- Social and community gatherings
- Volunteer opportunities

Community Connections
- Identifying and accessing community resources
- Moving from services to natural supports in your community
- Recovery community network building

Recovery can start now... contact us