Serving people with disabilities in the Mid-Hudson Region since 1987

Services Summary

Our Mission

A consumer-directed, cross-disability advocacy and service organization, dedicated to enhancing the quality of life for individuals with disabilities.

Our Vision

A barrier-free society with opportunities for all people to achieve their maximum potential.
Our Services

- **ADA Consultation/Environmental Modification Services**
  Directed to individuals, local municipalities, commercial property owners, employers, businesses, schools and provider agencies, these services play a vitally important role in ensuring compliance with the provisions of the Americans with Disabilities Act.

- **Benefits Advisement**
  Offering consultative and supportive services aimed at increasing independence for recipients of Social Security Disability Insurance (SSDI) and/or Supplemental Security Income (SSI) benefits throughout the Hudson Valley by providing information and education on available work incentives.

- **Consumer Directed Personal Assistance Services (OPTIONS)**
  For persons with disabilities, including seniors, OPTIONS offers a unique alternative to traditional attendant care at home, giving individuals the opportunity to hire and manage their own personal attendants. Available for qualified individuals in NYS.

- **Deaf and Hard-of-Hearing Services**
  Providing a bridge between the Deaf and Hearing cultures in Orange, Ulster, Sullivan and Dutchess Counties, this program is actively engaged in community outreach and education, employment, advocacy, service coordination, counseling and technical support.

- **Employment Services**
  Contracted to conduct work-readiness assessments and job placement services for NY State Department of Adult Career and Continuing Education Services-Vocational Rehabilitation (ACCES-VR), Commission for the Blind (CB), and Office for People With Developmental Disabilities (OPWDD). Supported employment services and ongoing employment supports are provided. Vocational services are available for all tenants at the Cornerstone Residence in Newburgh.

- **Family and Student Services**
  An array of services are available for individuals with developmental disabilities and their families, including education advocacy and transition supports for students between the ages of 6 and 21, an after-school learning enrichment program, a Community Independence Program that offers independent living skills training, and a Saturday activity/respite program.

- **Home Modification Consultation Services**
  Designed to help people with disabilities to remain at home, or return home, and live with dignity in the community setting of their choosing.

- **Independent Living Skills**
  Person Centered Planning (PCP) is an approach designed to assist individuals to plan their live and supports. Based on the philosophy that the individual being served by a process should be the primary shareholder in that process, services promote self-help, equal access, peer role modeling, personal growth and empowerment so that, consistent with the Olmstead Ruling of the US Supreme Court, people with disabilities may life in the least restrictive setting of their choice.

- **Self Directed Care**
  Self-Directed Care (SDC) is a person-centered planning process that allows an individual to exercise greater control over the funding used for their care. Designed to provide service recipients with a greater measure of independence and flexibility, SDC allows more choices, greater control, and enhanced personal responsibility for care and support services. In order to be eligible for this program, participants must be enrolled in a Health and Recovery Plan (HARP) or an HIV Special Needs Plan (SNP).
Mental Health Services

Aimed at helping people with psychiatric disabilities, including those at continuing risk of homelessness, to overcome stigma, connect with needed supports, build constructive relationships with peers, advocate on their own behalf, define and pursue their personal journeys to wellness, and make the transition from system dependence to independence.

► **Case Management**
Offering a holistic, person-centered approach to facilitating connections with provider agencies and community amenities, and aimed at ensuring long-term residential stability, personal recovery, health and general well-being.

► **Community Oriented Recovery and Empowerment (CORE)**
CORE Services provide opportunities for eligible adult Medicaid beneficiaries with serious mental illness and/or substance use disorders to receive person centered services in their own home or community. Available to eligible adults 21+ covered by NYS Medicaid and enrolled in a Health and Recovery Plan (HARP), HIV-Special Needs Plan or Medicaid Advantage Plus Plan. Connect with peers who have lived experience and can help you use community supports while building life skills and getting support to reach your personal recovery goals. Services can be provided at home or in the community.

► **Forensic Connections Program**
In collaboration with the Orange County Department of Mental Health and the Port Jervis City Community, this program assists individuals ages 16 and up with mental illness or co-occurring disorders who are involved in the criminal justice system.

► **Forensic Peer Support**
Peer support for individuals in the criminal justice system embedded into the community, police stations and in partnership with Problem Solving Courts (Drug Treatment Court, Wellness and Recovery Court, Veteran Track).

► **Onward and SOR2 Recovery**
The Mid-Hudson Substance Use Recovery Community & Outreach Center and our SOR2 Recovery program serves people 18 and older who live with substance use disorder (alcohol/ chemical dependency). The purpose of these programs is to provide intense peer support, social activities, recovery support, vocational support, and community connections. In addition, we provide harm reduction opportunities such as NARCAN training and fentanyl test strips.

► **Orange County Crisis Call Center**
In collaboration with the Orange County Department of Mental Health of Orange County, Access Supports for Living, and the Mental Health Association to assist individuals with a Mental Health and/ or co-occurring disorder that are in a crisis through the 311 call center with one on one Peer support.

► **Peer Parent**
A Peer Parent Specialist Provides peer-to-peer services for parents of children who experience mental health related issues. Assist Families, Provides Counseling and support for the individual and his/her family during crisis to avert actions and decisions that might otherwise result in being displaced or dropping out of school.

► **Transition and Diversion Services**
Serving persons with psychiatric and co-occurring addictive disabilities with the goal of aiding in the prevention of hospitalization and homelessness, this program provides wrap-around support, including core Independent Living services. Our Bridgers are on-site and on-call at local hospitals to assist individuals being discharged from the mental health units to connect with necessary supports for their continuing journey of recovery. Our Diversion Specialists proactively engage individuals who have been evaluated but not hospitalized, providing intensive peer intervention during periods of crisis.

► **Recovery Center Services—Reach One**
Proactive peer engagement and services for adults with psychiatric diagnoses and/or chemical addiction in collaboration with People Inc. and the Mental Health Association of Rockland County. The Mid-Hudson Regional Recovery Center provides traditional peer support, educational opportunities, integrated social and recreational activities, assistance with employment and health home integration.
Supported and Supportive Housing
Case management services and rental subsidies for permanent housing for qualified individuals with disabilities in Orange County, funded by Housing and Urban Development (HUD), NYS Office of Mental Health and Office for People with Developmental Disabilities (OPWDD). Services include, but are not limited to, independent living skills training, wellness coaching, peer mentoring, assistance with employment, and connections with social and community resources.

Systems Advocacy
Member of the Statewide Systems Advocacy Network, a group of eighteen independent living centers throughout New York State which collaborates with other disability organizations to ensure that legislation affecting people with disabilities is introduced, passed by the Legislature and signed into law by the Governor.

Three Convenient Locations

Newburgh
5 Washington Terrace
Newburgh, NY 12550
845-565-1162

Middletown
30 Industrial Drive
Middletown, NY 10940
845-342-1162

Monticello
14 Pelton Street, East Wing
Monticello, NY 12701
845-794-3322

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