



**INDEPENDENT HOME CARE INC**  
YOUR CARE • YOUR WAY

## OPTIONS/CDPAS

**puts you in control to direct your own care at home!**

In the spirit of consumer-direction, we serve only as the fiscal intermediary, providing you with total autonomy in the recruitment, hiring, training, management, and dismissal of any Personal Assistant who provides services to you.



**INDEPENDENT LIVING INC**  
YOUR CHOICE • YOUR LIFE

**Promoting Choice, Self Determination and Total Participation.**



**INDEPENDENT LIVING INC**  
YOUR CHOICE • YOUR LIFE

Independent Living, Inc. is a consumer-directed, cross-disability advocacy and service organization, dedicated to enhancing the quality of life for persons with disabilities. Our vision is a barrier-free society with opportunities for all people to achieve their maximum potential.



**INDEPENDENT HOME CARE INC**  
YOUR CARE • YOUR WAY

Independent Home Care, Inc. is a not for profit organization, dedicated to consumer choice and the provision of high quality support services that improve the quality of life for people with disabilities of all ages.

### 3 LOCATIONS

5 Washington Terrace, Newburgh, NY 12550  
30 Industrial Drive, Middletown, NY 10940  
14 Pelton Street, East Wing, Monticello, NY 12701

Phone: (845) 565-1163  
Toll Free: (877) 345-4466  
Fax: (845) 565-0314  
Videophone: (845) 764-8384

## OPTIONS/CDPAS

**Serving Counties of the Hudson Valley**

**Call: (845) 565-1163 or (877) 345-4466**

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[myindependentliving.org](http://myindependentliving.org)



**INDEPENDENT HOME CARE INC**  
YOUR CARE • YOUR WAY

## OPTIONS/CDPAS

Consumer Directed Personal Assistance Services

**For the BEST in Person Centered Home Care!**



An Affiliate of



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## What is

### *OPTIONS/CDPAS?*

*OPTIONS/CDPAS* is a contracted provider for Medicaid home care services that enables you or your designated representative(s) to:

- Recruit
- Interview
- Hire
- Train
- Manage
- Dismiss

...your own personal assistant.

## Excellent Customer Service

- ★ Education
- ★ Support
- ★ Advice
- ★ Payroll Processing
- ★ Technical Assistance



## Is “Consumer Direction” Right for Me?



Am I Medicaid eligible?

Do I need assistance with activities of daily living?

Do I or my Designated Representative have the ability to monitor the quality of services I receive?

Am I or my Designated Representative able to understand the consequences of my choices and accept responsibility for these choices?

### If So How Can I Participate?

Call us for assistance in applying.  
(845) 565-1163 or (877) 345-4466

“There are no words to express my gratitude for the opportunity to keep my promises to the grandmother who raised me and allow her to remain at home until she passed away.”

– BD



# *OPTIONS/CDPAS*

## **YOU are the Employer! We pay the payroll. We bill Medicaid.**

This is different than licensed home care. With traditional licensed home care agencies, they direct your schedule and dispatch aides from their staff.

The *OPTIONS/CDPAS* Program is a unique alternative: YOU will be able to take charge of the services you receive.

## **Benefits Advantages for Personal Assistants**

- ★ On the job training
- ★ Flexible Hours
- ★ Relationship building opportunities