Supported and Supportive Housing
Case management services and rental subsidies for permanent housing for qualified individuals with disabilities in Orange County, funded by Housing and Urban Development (HUD), NYS Office of Mental Health and Office for People with Developmental Disabilities (OPWDD). Services include, but are not limited to, independent living skills training; wellness coaching, peer mentoring, assistance with employment, and connections with social and community resources.

Systems Advocacy
Member of the Statewide Systems Advocacy Network, a group of eighteen independent living centers throughout New York State which collaborates with other disability organizations to ensure that legislation affecting people with disabilities is introduced, passed by the Legislature and signed into law by the Governor.

Three Convenient Locations

Newburgh
5 Washington Terrace
Newburgh, NY 12550
(845) 565-1162

Middletown
441 E. Main Street
Middletown, NY 10940
(845) 342-1162

Monticello
10 Prince Street, Suite 12
Monticello, NY 12701
(845) 794-3322

Services Summary
Serving people with disabilities in the Mid-Hudson Region since 1987

Our Mission
Independent Living Inc. is a consumer directed, cross-disability advocacy and service organization, dedicated to enhancing the quality of life for individuals with disabilities. Our vision is a barrier-free society with opportunities for all persons to achieve their maximum potential.

Our Services

ADA Consultation/Environmental Modification Services
Directed to individuals, local municipalities, commercial property owners, employers, businesses, schools and provider agencies, these services play a vitally important role in ensuring compliance with the provisions of the Americans with Disabilities Act.
Home Modification Consultation Services
Designed to help people with disabilities to remain at home, or return home, and live with dignity in the community setting of their choosing.

Benefits Advisement
Offering consultative and supportive services aimed at increasing independence for recipients of SSDI and/or SSI benefits throughout the Hudson Valley by providing information and education on available work incentives.

Consumer Directed Personal Assistance Services (OPTIONS)
For persons with disabilities, including seniors, OPTIONS offers a unique alternative to traditional attendant care at home, giving individuals the opportunity to hire and manage their own personal attendant. Available to qualified individuals in Orange, Sullivan, Ulster, Rockland and Dutchess Counties.

Deaf and Hard-of-Hearing Services
Providing a bridge between the Deaf and Hearing cultures in Orange, Ulster, Sullivan and Dutchess Counties, this program is actively engaged in community outreach and education, employment, advocacy, service coordination, counseling and technical support.

Early Childhood Direction Center (ECDC)
Providing disability-related service and information to families of children from birth to 5 years of age, and offering technical support to schools, day care centers, and child care professionals in Orange, Sullivan, Dutchess and Ulster Counties.

Employment Services
Contracted to conduct work-readiness assessments and job placement services for NY State Department of Adult Career and Continuing Education Services-Vocational Rehabilitation (ACCES-VR), Commission for the Blind (CB), and Office for People With Developmental Disabilities (OPWDD). Supported employment services and ongoing employment supports are provided. Vocational services are also available for all tenants at the Cornerstone Residence in Newburgh.

Medicaid Service Coordination
Aimed at helping individuals with Developmental Disabilities to make connections with needed services and community supports that enable them to live with the maximum degree of independence.

Family & Student Services
An array of services are available for individuals with developmental disabilities and their families, including education advocacy and transition supports for students between the ages of 6 and 21, an after-school learning enrichment program, a Community Independence Program that offers independent living skills training, and a Saturday activity/respite program.

Independent Living Skills
Person Centered Planning (PCP) is an approach designed to assist individuals to plan their life and supports. Based on the philosophy that the individual being served by a process should be the primary stakeholder in that process, services promote self-help, equal access, peer role modeling, personal growth and empowerment so that, consistent with the Olmstead Ruling of the US Supreme Court, people with disabilities may live in the least restrictive setting of their choice.

Mental Health Services
Aimed at helping people with psychiatric disabilities, including those at continuing risk of homelessness, to overcome stigma, connect with needed supports, build constructive relationships with peers, advocate on their own behalf, define and pursue their personal journeys to wellness, and make the transition from system dependence to independence.

Case Management
Offering a holistic, person-centered approach to facilitating connections with provider agencies and community amenities, and aimed at ensuring long-term residential stability, personal recovery, health and general well-being.

Forensic Connections Program
In collaboration with the Orange County Department of Mental Health and the Port Jervis City Community, this program assists individuals ages 16 and up with mental illness or co-occurring disorders who are involved in the criminal justice system.

Recovery Center Services - Reach One
Proactive peer engagement and services for adults with psychiatric diagnoses and/or chemical addiction in collaboration with PEOLe, Inc. and the Mental Health Association of Rockland County. The Mid-Hudson Regional Recovery Center provides traditional peer support, educational opportunities, integrated social and recreational activities, assistance with employment and health home integration.

Transition and Diversion Services
Serving persons with psychiatric & co-occurring addictive disabilities with the goal of aiding in the prevention of hospitalization and homelessness, this program provides wrap-around support, including core independent living services. Our bridgers are on-site and on-call at local hospitals to assist individuals being discharged from the mental health units to connect with necessary supports for their continuing journey of recovery. Our diversion specialists proactively engage individuals who have been evaluated but not hospitalized, providing intensive peer intervention during periods of crisis.

Young Adult Outreach & Engagement Program
Developed for young adults in Orange County between the ages of 18 and 25, to assist them in identifying priorities, skills and strategies to overcome challenges and achieve their individual, self-determined goals. While learning independent living skills and constructive tools for self-expression through mentoring, peer counseling and life coaching, young adults may also participate on the advisory board to further develop the program.