“I have had to struggle to find someone who could help me make sense of the steps I had to follow to begin to be independent from social security disability. There is a lot to consider, but I feel like a new person. I now have a better understanding of my future goals. Thank you.”

JC, Wassaic, New York.

Mid-Hudson & Lower Hudson Valley
Orange, Dutchess, Ulster, Rockland, Westchester and Putnam Counties

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Our Mission
Independent Living, Inc. is a consumer-directed, cross-disability advocacy and service organization, dedicated to enhancing the quality of life for persons with disabilities. Our vision is a barrier-free society with opportunities for all people to achieve their maximum potential.

Serving individuals with disabilities in the Mid Hudson Region since 1987

W I P A

Hudson Valley Work Incentives Planning & Assistance Alliance for Employment

THINKING OF GOING TO WORK?

Are you wondering how working will impact your SSDI or SSI benefits?
Questions you may have...

• How can I work and keep my benefits?
• What are work incentives?
• Do SSDI and SSI work incentives differ?
• Is self-employment included?
• How long will my Social Security benefits be protected?
• Will my Medicare or Medicaid be protected?

Together we can...

• Explore work incentives that could increase your income.
• Learn how earning money affects your SSDI and/or SSI benefits.
• Create a benefits plan.

Visit the Independent Living Center listed in this brochure nearest you.